

FEAR THE TURTLE

2006 MARYLAND GYMNASTICS

GENERAL INFORMATION

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2006 SCHEDULE

Day	Date	Opponent/Event	Location	Time
Sat.	Jan. 7	BRIDGEPORT, JMU	College Park, Md.	4:00p.m.
Sat.	Jan. 14	at Georgia	Athens, Ga.	4:00p.m.
Sat.	Jan. 21	at Illinois	Champaign, Il.	7:00p.m.
Sun.	Jan. 29	at North Carolina with Kentucky, JMU	Chapel Hill, N.C.	1:00p.m.
Sat.	Feb. 4	GOVERNOR'S CUP	College Park, Md.	7:00p.m.
Sat.	Feb. 11	at Pittsburgh with Ohio St., SUNY Brockport	Pittsburgh, Pa.	7:00p.m.
Fri.	Feb. 17	PITTSBURGH, RUTGERS	College Park, Md.	7:00p.m.
Tues.	Feb. 21	at George Washington	Washington, D.C.	7:00p.m.
Sun.	Feb. 26	TEMPLE	College Park, Md.	2:00p.m.
Sat.	Mar. 4	at Towson, William & Mary	Towson, Md.	7:00p.m.
Tues.	Mar. 7	GEORGE WASHINGTON	College Park, Md.	7:00p.m.
Fri.	Mar. 17	at NC State with New Hampshire, George Washington	Raleigh, N.C.	7:00p.m.
Sat.	Mar. 25	at EAGL Conference Championships	New Brunswick, N.J.	6:00p.m.
Sat.	Apr. 8	at NCAA Southeast Regionals	Athens, Ga.	TBA
Thu-Sat.	Apr. 20-22	at NCAA Championships	Corvallis, Ore.	TBA

Home meets are in **BOLD CAPS** and are at the Comcast Center Pavilion
All times Eastern Standard

QUICK FACTS

UNIVERSITY INFORMATION

Location: College Park, Md.
Founded: 1807
Enrollment: 34,801
President: Dr. C.D. Mote, Jr. (California, '59)
Athletics Director: Deborah A. Yow (Elon, '74)
Nickname: Terrapins, Terps
Colors: Red, White, Black and Gold
Affiliation: NCAA Division I
Conference: East Atlantic Gymnastics League
Home Facility: Comcast Center Pavilion (1,500)

GYMNASTICS INFORMATION

Head Coach: Bob Nelligan (Massachusetts, '72)
Nelligan's Career-record: 443-376-4 (27 seasons)
Nelligan's Record at Maryland: Same
Assistant Coach: Vicki Chliszczyk (1st year)
Assistant Coach: Brett Nelligan (3rd year)
All-Time Program Record: 465-392-5 (30 years)
All-Time EAGL-Record: 39-42 (10 years)
2005 Overall Record: 18-12-1
2005 EAGL Regular Season: 5-4
2005 EAGL Championships Finish: T-2nd
Letterwinners Ret./Lost: 11/1

MEDIA RELATIONS INFORMATION

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Mailing Address: 2725 Comcast Center, Terrapin Trail, College Park, MD. 20742



IT'S ALL ABOUT THE M

With its combination of talented gymnasts and dedicated coaches, the 2006 Maryland gymnastics team is ready to reclaim a spot in the 2006 NCAA Championships.

MEDIA GUIDE CREDITS

The 2006 Maryland gymnastics media guide was written by Kelly Bramble of the Athletic Media Relations Department. Editing by Doug Dull, Troy Tucker and Jamie Zeitz. Design and layout by Patrick Fischer, Publications Coordinator/Assistant Director of Media Relations. Cover design by John Schaffhauser. Photography by Greg Fiume, Lawrence French and Tony Quinn. Printing by Morgantown Printing & Binding.

Additional copies of this media guide can be purchased for \$5, plus \$1.50 for shipping and handling, by writing the Athletic Media Relations Office, University of Maryland, College Park, Maryland, 20742, or by calling 301-314-7064.

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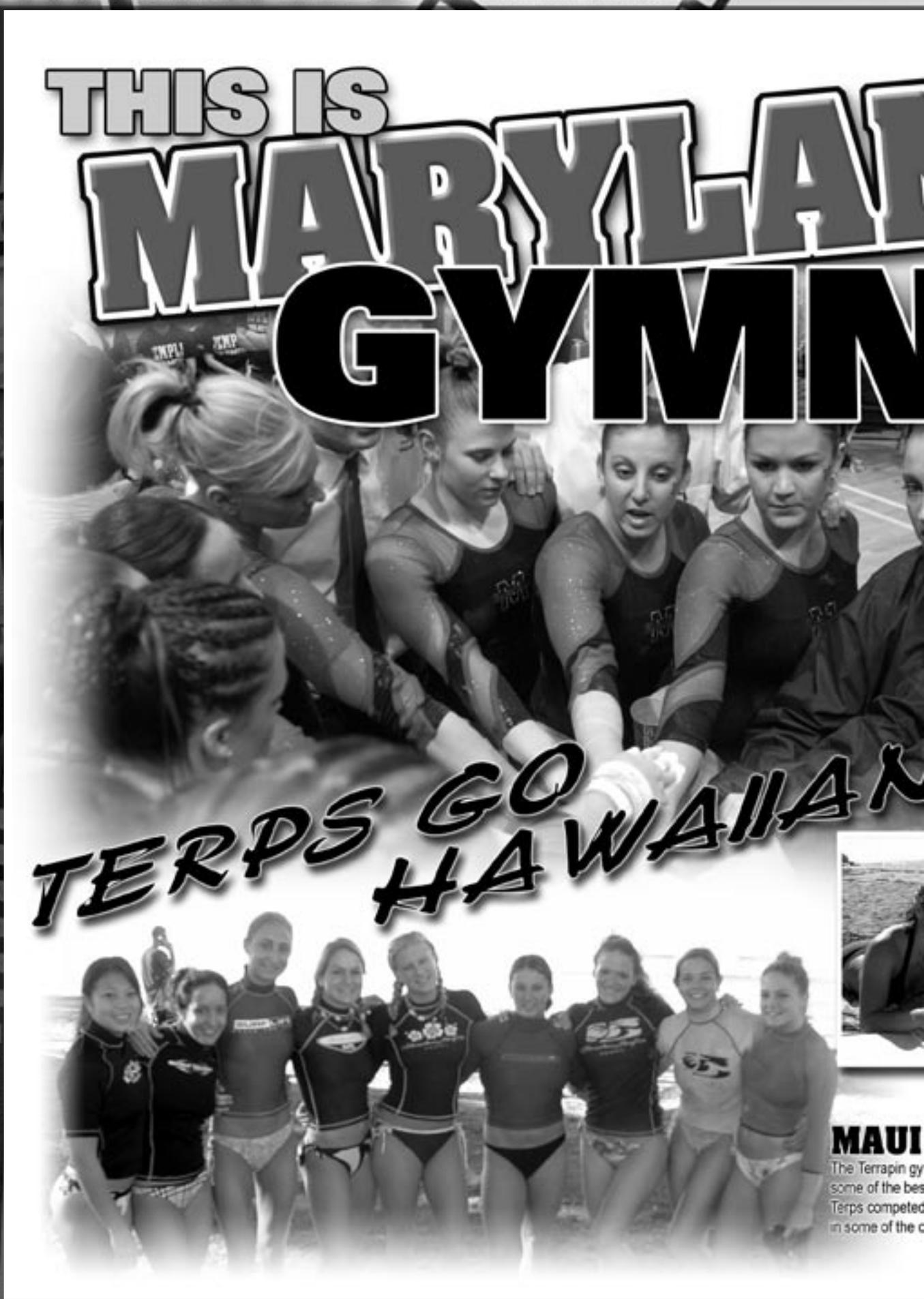
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FEAR THE TURTLE

2006 MARYLAND GYMNASTICS

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FEAR THE TURTLE

2006 MARYLAND GYMNASTICS

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EAGL HONORS

The Maryland gymnastics program has earned its share of conference awards since helping form the EAGL in 1995. Head coach Bob Neilligan was named the league's Coach of the Year in 1999 and three Terps have been named the EAGL's Outstanding Rookie Gymnast. Perhaps even more impressive is that Maryland gymnasts have been named the EAGL's Scholar Athlete of the Year three times.

MARYLAND TRAINS CHAMPIONS

Leah Brill is the latest Terrapin gymnast to win an EAGL individual title, claiming the 2005 bars championship. Maryland has had at least one individual EAGL champion in four of the past six years.



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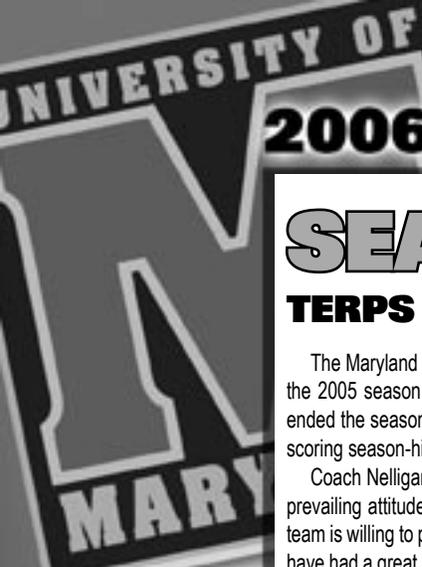
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MARYLAND



INVITATIONAL

Gymnastics team travels throughout the U.S. to compete at gymnastics meets in the country. In 2005 the team competed at the Maui Invitational and were able to take home the honors of the nation's 50th state.





FEAR THE TURTLE

2006 MARYLAND GYMNASTICS

SEASON OUTLOOK

TERPS FOCUSED ON RETURNING TO NCAA REGIONALS

The Maryland gymnastics team is looking to start 2006 as strong as it finished the 2005 season. Although the Terps did not qualify for NCAA Regionals, they ended the season on a high-note, finishing second at EAGL Championships and scoring season-highs in several events.

Coach Nelligan knows his team will be motivated to return to Regionals. "The prevailing attitude was that we should have been there, and the team is willing to put in the effort to assure success in 2006. We have had a great summer training and all of the athletes came back in very good shape," Nelligan said

This year's squad is comprised of four seniors, five juniors, three sophomores, and three freshmen. Seniors Alex Gatch, Rachel Martinez and Rebecca Ruppert are the tri-captains who will lead this team. Fifth-year senior Mandy Pascual will also provide leadership to the team.

Martinez is the team's top all-around performer and holds the EAGL Championship record in that event. Martinez will finish an outstanding career and holds school records on vault, bars (tied) and all-around. Gatch will lead the squad on beam. She was an individual qualifier for NCAA Regionals on that event last season. Gatch broke into the uneven bar lineup last season at Penn State and competed on that event in nine meets. Ruppert is the team's vault specialist who also competed on floor exercise in several meets. Pascual is the squad's specialist on the uneven bars. She has received EAGL honors twice on bars and shares the school record in that event with current teammate, Rachel Martinez.

The junior class will help provide veteran leadership and much-needed depth to the team. Rachel Colon notched her personal best and team-high on beam at the Maui Invite (9.875). She earned EAGL Specialist of the Week and earned second team EAGL honors on balance beam. Colon also was a pivotal part of the Terps' bar lineup and entered the vault lineup when Gretchen Kittelberger had a season-ending injury. Angela Ferg was the biggest surprise for Maryland last season, as she broke into the lineup on vault, balance beam and floor exercise. Having seen some action on vault at the end of the 2004 season, Ferg was one the Terps' most consistent vaulters, scoring a 9.825 in her last two meets and finishing in the top-five six times. Ashley LeVine competed regularly for the Terps on beam and will look to be strong on that event this season. Ginny Scott emerged last season as the team's most consistent performer on the floor exercise and was an individual qualifier in that event at NCAA Regionals. Scott will also be a pivotal part of the squad's bar lineup this season.

Marisa St. Louis is coming off an excellent performance at EAGL Championships, scoring a 9.825 (career-high) on vault and a 9.80 on floor exercise (both season-highs).

The sophomore class should provide excitement to the squad. Lindsey Bonomo competed on vault in every meet in 2005 and was named EAGL Rookie of the Week (Jan. 20) for her efforts at Ohio State on vault (9.80). Gretchen Kittelberger competed on vault, uneven bars and floor and performed all-around in two meets. She was named EAGL Rookie of the Week (Feb. 2) for her performance at Penn State. Kittelberger suffered a season-ending knee injury at George Washington but is ready to return to help the squad on several events.

Maryland has three new faces this season, Kim Loew (Allentown, Pa.), Lindsey Willner (Holbrook, N.Y.) and Kelsey Nelligan (College Park, Md.). Loew had wrist surgery in December but is poised to make an immediate impact. She could be a

strong asset for the Terps on beam this season and see action on vault. Willner looks good on floor exercise and according to Coach Nelligan, "has the tricks to potentially break into the bar lineup." Kelsey Nelligan rounds out the freshman class. She trained with the prestigious Hill Gymnastics club and will bring valuable experience to the squad.

As the newest addition to the coaching staff, Vicki Chlisczyk brings international coaching experience to this Terp squad. Chlisczyk was the Gymnastics Program Director at the prestigious Woodward Gymnastics camp for two years and has been part of the staff since 2001. She trained within the Canadian National Coaching Certificate Program which is an in-depth training system for coaches. She managed a gymnastics coaching staff of 30 coaches and over 200 gymnasts, including many on the elite level. Her spotting abilities will be a tremendous asset to Nelligan and his staff.

Brett Nelligan returns for his third season as an assistant coach. Brett's experience as a gymnast at the University of Massachusetts has helped him transition into coaching. His youth helps him serve as a link between the coaching staff and the team. Nelligan's main duties include coaching vault and floor exercise which was Maryland's most consistent event last season. He is relied on for spotting and recently added recruiting to his responsibilities, as he hit the road this summer in search of the Terps' 2007 freshmen class.

Maryland will begin the 2006 season at home where it will host James Madison and Bridgeport on January 7. The Terps then face the defending National Champion Georgia Bulldogs on the road on January 14. Maryland hopes to begin the season in Athens and return there for the NCAA Regionals. Coach Nelligan knows this will be a challenge for his squad. "The Georgia program is a benchmark for excellence. It will show how much progress we have made and whether our juniors and seniors have the leadership and skills necessary to compete against the best".

The Terps travel to Illinois to take on the fighting Illini on January 21. It is only the second time these teams have faced each other. Maryland travels to EAGL champion North Carolina on Jan. 29 for a quad meet with the Tar Heels, Kentucky Wildcats and James Madison Dukes.

The 11th annual Governor's Cup will return to Maryland on Feb. 4 when the Terps and Towson team up to take on North Carolina and North Carolina State. The state of Maryland will be looking to avenge the state of North Carolina's victory in 2005. The squad will travel to Pittsburgh for a quad meet with Ohio State and SUNY Brockport on Feb. 11. They will then host Pittsburgh and Rutgers the following week on Feb. 17. The Terps travel to Washington, D.C., to take on the George Washington Colonials, who are in their second season in the EAGL Conference. The Terps split with the Colonials in regular-season meets last year and will face them four times in 2006.

Maryland will get a good look at three EAGL opponents when it heads to Raleigh, N.C., for a quad meet with NC State, New Hampshire and George Washington on March 17. It will be the

final tune up before the Terps compete at the EAGL Championships at Rutgers University on March 25.

The Terps look to return to NCAA Southeast Regionals, which will be held on April 8 at the University of Georgia, and then on to the NCAA championships at Oregon State University.



RACHEL MARTINEZ



FEAR THE TURTLE

2006 MARYLAND GYMNASTICS

ROSTER INFORMATION

Name	Hgt.	Event	Class	Hometown (High School)
Lindsey Bonomo	5-1	All-Around	So.	Bel Air, Md. (Bel Air)
Rachel Colon	5-0	All-Around	RS Jr.	Brightwaters, N.Y. (Bayshore)
Angela Ferg	5-2	All-Around	Jr.	Bel Air, Md. (C. Milton Wright)
Morgan Fishbein	5-3	All-Around	Fr.	Greenland, N.H. (St. Thomas Aquinas)
Alex Gatch	5-4	All-Around	Sr.	Winston-Salem, N.C. (West Forsythe)
Gretchen Kittelberger	5-1	All-Around	So.	Webster, N.Y. (Webster Schroeder)
Ashley LeVine	5-7	All-Around	Jr.	Baldwin, Md. (Notre Dame Prep)
Kim Loew	5-2	All-Around	Fr.	Allentown, Pa. (Homeschooled)
Rachel Martinez	5-1	All-Around	Sr.	Massapequa, N.Y. (Farmingdale)
Kelsey Nelligan	5-1	All-Around	Fr.	College Park, Md. (Eleanor Roosevelt)
Mandy Pascual	5-3	All-Around	RS Sr.	Aiea, Hawaii (Punahou)
Rebecca Ruppert	5-2	All-Around	Sr.	Lakeridge, Va. (Woodbridge)
Ginny Scott	5-5	All-Around	RS Jr.	Ashland, Va. (Patrick Henry)
Marisa St. Louis	5-3	All-Around	Jr.	Hales Corners, Wis. (Whitnall)
Lindsey Willner	5-6	All-Around	Fr.	Farmingville, N.Y. (Sachem East)

COACHING STAFF:

Head Coach: Bob Nelligan (28th year)

Assistant Coach: Vicki Chlisczyk (1st year)

Second Assistant Coach: Brett Nelligan (3rd year)

PHOTO ROSTER



Lindsey Bonomo
5-1 • So. • All-Around
Bel Air, Md.



Rachel Colon
5-0 • R.Jr. • All-Around
Brightwaters, N.Y.



Angela Ferg
5-2 • Jr. • All-Around
Bel Air, Md.



Morgan Fishbein
5-3 • Fr. • All-Around
Greenland, N.H.



Alex Gatch
5-4 • Sr. • All-Around
Winston-Salem, N.C.



Gretchen Kittelberger
5-1 • So. • All-Around
Webster, N.Y.



Ashley LeVine
5-7 • Jr. • All-Around
Baldwin, Md.



Kim Loew
5-2 • Fr. • All-Around
Allentown, Pa.



Rachel Martinez
5-1 • Sr. • All-Around
Massapequa, N.Y.



Kelsey Nelligan
5-1 • Fr. • All-Around
College Park, Md.



Mandy Pascual
5-3 • Sr. • All-Around
Aiea, Hawaii



Rebecca Ruppert
5-2 • Sr. • All-Around
Lakeridge, Va.



Ginny Scott
5-5 • R.Jr. • All-Around
Ashland, Va.



Marisa St. Louis
5-3 • So. • All-Around
Hales Corners, Wis.



Lindsey Willner
5-3 • Fr. • All-Around
Farmingville, N.Y..



Bob Nelligan
Head Coach

TERPS BY CLASS:

Seniors (4): Alex Gatch, Rachel Martinez, Mandy Pascual, Rebecca Ruppert

Juniors (5): Rachel Colon (RS), Angela Ferg, Ashley LeVine, Ginny Scott (RS), Marisa St. Louis

Sophomores (3): Lindsey Bonomo, Morgan Fishbein, Gretchen Kittelberger

Freshmen (3): Kim Loew, Kelsey Nelligan, Lindsey Willner

TERPS BY STATE:

Hawaii (1): Mandy Pascual

Maryland (3): Lindsey Bonomo, Angela Ferg, Ashley LeVine

New Hampshire (1): Morgan Fishbein

New York (4): Rachel Colon, Gretchen Kittelberger, Rachel Martinez, Lindsey Willner

North Carolina (1): Alex Gatch

Pennsylvania (1): Kim Loew

Virginia (3): Kelsey Nelligan, Rebecca Ruppert, Ginny Scott

Wisconsin (1): Marisa St. Louis

PRONUNCIATION GUIDE:

Vicki Chlisczyk: kuh-LIZ-chick

Rachel Colon: kuh-LONE

Ashley LeVine: luh-VYNE

Mandy Pascual: pas-KWAHL

Rebecca Ruppert: ROO-purt

Marisa St. Louis: Saint LOO-iss

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